FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEME	NT OF	CHANGE

ES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Hilarides William Hunter</u>					2. Issuer Name and Ticker or Trading Symbol MITCHAM INDUSTRIES INC [MIND]									ationship o all applic Directo	r 10% Owner		ner			
(Last) (First) (Middle) 10710 OX CROFT CT.					3. Date of Earliest Transaction (Month/Day/Year) 08/21/2019									Officer below)	(give title		Other (s below)	pecify		
(Street) FAIRFA	V	A	22039		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								ine) X	•					
(City)	(S	tate)	(Zip)																	
		Tab	le I - Non	n-Deriv	ative	e Se	curities	s Ac	quired, I	Disp	osed o	f, or Be	nefici	ally	Owned					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. 5)			4 and Securitie Benefici Owned I		es For ally (D) Following (I)		m: Direct	7. Nature of Indirect Beneficial Ownership						
									Code	v	Amount	(A) o	r Pric	e	Reported Transact (Instr. 3 a	ction(s)			(Instr. 4)	
MII Common Stock 08/21/				1/201	/2019		A		5,500	5,500 ⁽¹⁾ A		.95	5 5,500			D				
		1	Fable II - I									or Bend ble secu			wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	ate, Transact Code (In					6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		D S	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	Amour or Number of Shares	er						
Option to Purchase Common	\$3.95	08/21/2019			A		40,000		(2)	0	8/21/2029	MII Common Stock	40,00	00	\$3.95	40,000)	D		

Explanation of Responses:

- 1. Restricted Stock vests 1/3 on August 21, 2020, 1/3 on August 21, 2021 and 1/3 on August 21, 2022.
- $2.\ Options\ vest\ 1/3\ on\ August\ 21,\ 2020,\ 1/3\ on\ August\ 21,\ 2021\ and\ 1/3\ on\ August\ 21,\ 2022.$

Remarks:

/s/ Robert P. Capps, Attorney-

in-Fact for William H.

08/22/2019

Hilarides

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.